Panopto video link. My Mic is not working properly. Keeps on making the whizzing sound. No idea why. So I had to use a notepad. Watch it while mute otherwise an annoying sound is on. Sorry.

<https://panopto.dmu.ac.uk/Panopto/Pages/Viewer.aspx?id=4a7c826c-8bc8-4675-812b-657e54410258>